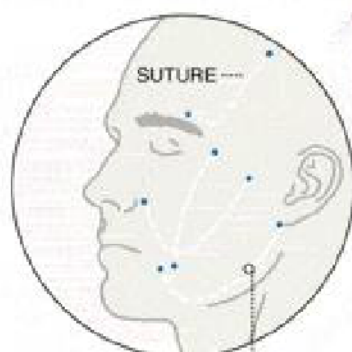
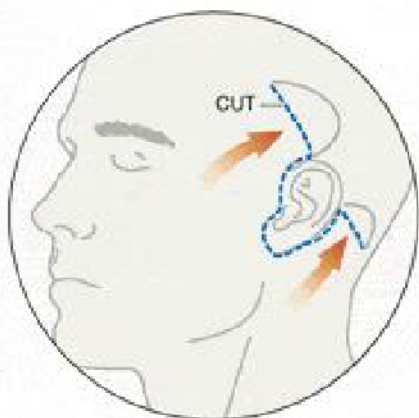


## Fixing the Face, Early and Often

**FACE-LIFT** The traditional surgery that plastic surgeons have used to give the impression of a youthful face requires incisions and sutures to lift or pull the skin and its underlying layers. There are now many less aggressive versions of this procedure, and some require only local anesthesia and sedatives.



**BARBED SUTURES** One new procedure, attracting considerable attention, involves sutures that are made with tiny barbs all along their length. Surgeons can work these under the skin using only small incisions, and do a face-lift that is much less invasive, with recovery in days instead of weeks.

**THE NOSE** A traditional target of cosmetic surgery, it can now be reshaped not only with surgery but with injections.

**INJECTION  
FOR LIPS**

**INJECTABLE FILLERS** Many surgeons are now using a variety of natural substances, like the patient's own fat cells or products made from chemicals found in the body, to fill out the brow or the smile lines or to make the lips more puffy. Some cosmetic surgeons think filling the face out is far more effective than lifting it to achieve the look of youth.

**BOTOX** Continued growth in injections of botulinum toxin has made this one of the most popular procedures in the world. The toxin paralyzes muscles, making frown lines disappear. The effect is temporary.

